



Our Vision

Activating dreams and unlocking potential.

Our Mission

We cultivate a culture of academic excellence for all and a community of empathy, equity, and accountability that empowers students to succeed beyond graduation.

Services

- Screenings and assessments
- ERSS Counseling (4-6 weeks)
- Consultation with building level MTSS/SEL/Crisis Team
- Building level PDs
- Psychoeducation for Parents and Families
- Connection to Resources
- Support in-school community clinics
- Support RCSD HUB with re-engagement meetings and meditations
- Additional MH supports following a TIG Crisis

Schools

K-6 | Elementary

Dr. Ruffin Dr. Tilbe

4
7
9
16
19
23
33
35
46
50
53

5
8
12
15
17
22
25
28
34
42
45
52
54
58

7-12 | Middle & High

Dr. Ruffin Dr. Tilbe

All City
Monroe
RIA
Langston
Johnson
Marshall
Edison
Home Hosp
East
Padilla

WOI
Wilson
SWW
Thomas
Northwest
SOTA
Early College
Home Hosp
East
Padilla

About MMHT

The District-wide Mobile Mental Health Team was created to help address the mental health needs of students at schools without access to on-site therapeutic mental health services.

- Made up of two (2) clinicians who are knowledgeable in social-emotional wellness and mental health support specific to K-12 students
- Provide limited supports to scholars in buildings with clinics who do not receive therapeutic mental health services.
- Serve a minimum of 100 students per year

Contact Us

Dr. Nina Ruffin LCSW-R
MMHT Lead Social Worker
nina.ruffin@rcsdk12.org
(585) 262-8361

Dr. Victoria Tilbe LCSW-R
MMHT Lead Social Worker
victoria.tilbe@rcsdk12.org
(585) 262-8327

**All students in the
Rochester City
School District
will be able to locate
and access mental
health services
more readily.**

-RCSD MMHT



**Mobile
Mental Health
Team**

